

## WHO WE ARE...

### Our Staff Includes:

- Program Manager
- ASD Consultant
- Autism Support Workers (ASW)
- Early Childhood Psychologist (ECP)
- Occupational Therapists (OT)
- Physical Therapists (PT)
- Social Worker (SW)
- Speech -Language Pathologists (SLP)
- SLP Assistant

## WHAT WE DO...

We provide assessment, consultation, direct therapy, group sessions, and education for caregivers and others working with children who live in the Sunrise Health Region.

Our goal is to assist your child to gain the skills they need to enjoy the highest possible quality of life within your family and community.

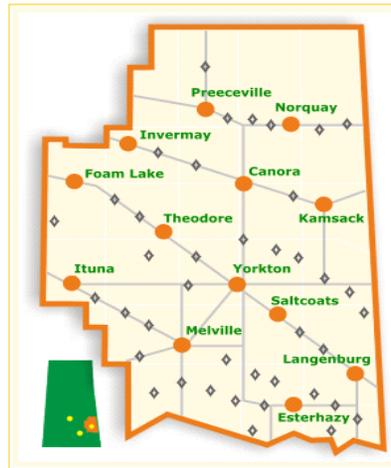
## WHO WE SEE...

Therapy services are provided for children from birth until school entry who are at risk for, or who have been identified with, developmental delays. Autism Services are provided to children from birth to age 19.



## HOW TO REFER...

Referrals are accepted from parents, or from any health or community services provider with legal guardian's consent. Referral forms are available on Sunrise Health Region's website [www.sunrisehealthregion.sk.ca](http://www.sunrisehealthregion.sk.ca) or by contacting our main office .



## CONTACT US...



### Children's Therapy Program

150 Independent Street  
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*Like us on Facebook to receive updates on CTP news, educational and support opportunities and upcoming events.*

**Sunrise Health Region—Children's Therapy Program**



*"Working together ... for healthy people in healthy communities."*

# Children's Therapy Program

## CTP



**Individual Family Services**

**Autism Spectrum Disorders Program**

**Early Childhood Psychology**

**Occupational Therapy**

**Physical Therapy**

**Speech & Language Therapy**

*The Sunrise Health Region offers a complete multi-service program delivery team:  
Autism Spectrum Disorder Services, Early Childhood Psychology, Occupational Therapy, Physical Therapy and Speech-Language Therapy*



### **Individual Family Services**

- CTP Social Worker supports Individual Family Service Plans by providing a coordinating link with CTP team and the family as well as community resources.
- Provides information, supportive counseling and assistance to children and families dealing with the challenges of a disability.

### **Autism Spectrum Disorders (ASD)**

- Services for families and children from birth to age 19 who are concerned about or are diagnosed with ASD.
- Program includes screening for ASD, diagnostic support, individual autism intervention programs, links with other community services and supports.

### **Early Childhood Psychology (ECP)**

- Provides developmental and psychological assessments, diagnoses, consultation and interventions for children from birth to school entry-age and their families.

### **Occupational Therapy (OT)**

- Helps children develop independence and optimal performance in everyday skills including self-care, play, social skills, and school readiness.

### **Physical Therapy (PT)**

- Promotes physical development, balance, strength and coordination through play, positioning, and handling (may include adapted toys and equipment).
- Helps parents to understand the development of movement skills and how to improve their child's abilities (including rolling, crawling, walking, running).

### **Speech-Language Therapy (SLP)**

- Provides diagnostic and programming services for children with communication difficulties.
- Supports children with all areas of communication including speaking clearly, expressing ideas to others, understanding others, learning social skills, and developing oral motor skills.

**All members of the Children's Therapy Program staff have specialized training in their field focusing on pediatrics. The CTP team will help your child achieve maximum potential in all settings using play, interaction and communication strategies.**

### **OUR SERVICES ARE FAMILY CENTRED**

We work together to provide families with knowledge, skills, resources, and confidence to help their children gain independence, mobility and communication in everyday life.



### **WHERE WE PROVIDE SERVICES...**

- Children's Therapy Program services are accessible to all families in the Sunrise Health Region.
- Services may be provided in one of our clinics, in your home, or a community setting to provide opportunities to develop and practice skills in the child's natural environment.
- Our team collaborates with rehabilitation centers, schools, and other community programs to support children and families in meeting their goals.