

Request For An Ethics Consultation

Please describe the situation you wish to consult about (or attach a letter):

In the event of an **urgent request** on evenings, weekends or holidays, **contact the Operator** at the Yorkton Regional Health Centre at **782-2401** and **tell them you are requesting an urgent ethics consult.**

They will contact the appropriate staff person who will call you back as soon as possible.

***ALL CONSULTATIONS ARE
CONFIDENTIAL***

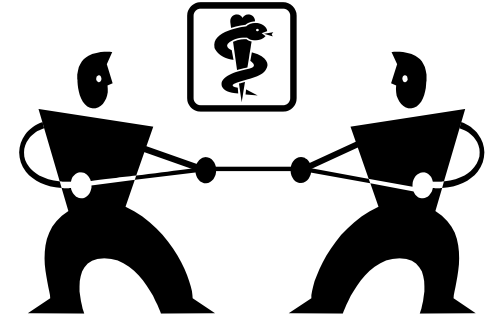
Please provide us with your contact information:

Name:

Phone number(s):

City/ Town): _____

**ARE YOU
STRUGGLING WITH
A DIFFICULT
HEALTH CARE
DECISION?**



**THE
SUNRISE HEALTH REGION
ETHICS COMMITTEE
MAY BE ABLE
TO HELP YOU**

What is an Ethics Committee?

The Sunrise Health Region **Ethics Committee** is a group of community members and health region staff who are trained and practiced in helping people to evaluate their options so they can make the best and most informed decision in a difficult situation.

What are the signs of an ethical dilemma?

- Feeling discomfort about a decision or course of action
- Being confronted with more than one possible course of action, but being unclear which would be best

- Disagreement between people about what should be done in a particular situation
- Concern that someone has been treated unfairly

Who may request an ethics consultation?

Anyone – including a patient, a family member, or physicians and staff members.

What happens in an ethics consultation?

The Ethics Committee will meet with you. After hearing your thoughts and questions, the Committee will offer you the recommendations they believe to be the best choice(s) or options, in light of your circumstances.

You do NOT have to follow the Committee's recommendations. You are still free to make your own decision, but you will have additional information.

How do you request an ethics consultation?

Fill out the form on this brochure and:

- give it to a social worker, nurse, **or**
- send an e-mail to:

Sunrise-EthicsCommittee@shr.sk.ca

- mail it to:

**Social Work Dept.,
Attn: Ethics Committee
(Confidential)
270 Bradbrooke Dr.
Yorkton, SK S3N 2K6**

ph:786-0463