

Esterhazy & Area Home Care Services:

Home care services are available to assist individuals who wish to have team-based care that is centered on their needs. Our aim is to assist individuals to remain independent in their homes and communities, working in partnership with family and other caregivers.

Home care services in Esterhazy & Area are available:

Assessment and Care Coordination: Monday to Friday (8:00am to 4:00pm)

Personal Care and Home Management: seven days a week (7:00am to 9:00pm)

Nursing services: Monday to Friday (8:00am to 4:00pm)

Wellness Clinics: Monthly as scheduled

Assessment and Care Coordination:

Following a referral or request for services, a complete assessment of your needs is conducted in consultation with you and your supporters. A care plan based on your needs, abilities, and availability of services will be developed by you and your Assessor Coordinator.

Home Services: Personal Care and Home Management:

Continuing Care Aids will perform only those tasks you cannot manage for yourself and will follow the care plan that has been set up for you. They can provide help with bathing, dressing, activation exercises and attendant care. Continuing Care Aids may provide limited assistance with meal preparation and some household tasks.

Meals on Wheels:

Nutritious meals are prepared by dietary staff at the Esterhazy Centennial Special Care Home and delivered to the client at noon Monday to Friday (not on statutory holidays).

* Available only in the town of Esterhazy. Unfortunately we are unable to deliver this service to those outside of the town's boundaries.

Fees & Cancellations:

There is a fee for home services and Meals on Wheels. You will be billed for services received the previous month. Saskatchewan Health has set a standard fee per unit for the first ten (10) units of service per month. The fee for additional units will be assessed according to your income. A unit is one meal or one hour of Continuing Care Aid service.

If you wish to cancel services or if you will not be home you must notify the home care office at least 48 hours in advance of the scheduled service or you will be charged for that service. In the event Home Care is not able to provide services (i.e. poor weather conditions, staffing availability), it is your responsibility to have an alternate plan for your care if this situation arises.

Respite Care and Adult Day Program:

Based on assessed need, relief for regular care givers is available both at home and in the Special Care Homes throughout Sunrise Health Region. Speak to your Assessor Coordinator for more information. *Additional fees apply*

Adult Day Program is available Monday to Thursday at the Esterhazy Centennial Special Care Home on assessed need. When attending the Adult Day Program you are provided with a meal, you can partake in activities and you have access to an assisted bath. Speak to your Assessor Coordinator for more information. *Additional fees apply*

Nursing Services:

Nursing assessments and treatments as prescribed by physician are provided. Self-care education for clients and their families is offered to referred clients. There is no charge for nursing visits.

Wellness Clinic Information:

Eligibility is based on need assessed by the nurse. Clinics usually occur once a month in the town of Esterhazy and once every two months in the communities of Dubuc and Spy Hill. Clinics are not held during summer months. Please contact home care office for more information.

Services include:

- Client health history review
- Basic health assessment including monitoring blood pressure, pulse, weight, and blood sugar levels when indicated
- Foot care to maintain good foot health
- Health counseling and encouragement to seek medical attention for early detection and treatment of problems.
- Medication review and teaching if indicated.

Palliative Care:

Holistic care is available to persons living with terminal illness in their own home, with supportive care provided by nurses and continuing care aides. Please speak to your nurse or assessor coordinator for more information

Those who are eligible for Home Care must:

- Demonstrate an assessed need
- Reside in Sunrise Health Region
- Have a valid Provincial Health Number (PHN)
- Be welcoming of services and be willing to accept the help of home care staff.

How to apply

You or someone acting on your behalf can make application for home care service. The first step is to contact the nearest home care office.

Esterhazy Home Care

Phone: 1-306-745-6700

Fax: 1-306-745-3206

216 Ancona St, Box 1570

Esterhazy, SK S0A 0X0

Office entrance located off of Gonzy Ave, behind St. Anthony's Hospital

