

# What is Primary Health Care?

Primary health care is the day-to-day care needed to protect, maintain or improve our health. For most people it is both the first point of contact with the health care system and the most frequently used. Family physicians and nurse practitioners are two examples of primary health care providers.

# Preeceville Primary Health Care Clinic

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# Q & A about the Preeceville & District Health Centre and Primary Health Care Clinic

### Is there a new system to see the doctors in Preeceville?

The medical clinic in Preeceville is now a primary health care clinic. Primary health care is the day-to-day care needed to protect, maintain or improve our health. For most people it is both the first point of contact with the health care system and the most frequently used. Sunrise Health Region continues to work with the health care providers in Preeceville to strengthen and improve primary health care in the community. The Primary Health Care Clinic in Preeceville functions like any other clinic. Appointments can be made with the physician or nurse practitioner during clinic regular clinic hours.

#### How do I contact the clinic?

The clinic is now listed as the Preeceville Primary Health Care Clinic. Clinic appointments with Dr. Adedeji and Nurse Practitioner, Dawn Kennedy can be accessed by calling 306-547-3098. There may be longer waits for an appointment until a second physician is available in the community.

## What are the operating hours of the Primary Health Care Clinic?

The clinic is open from 9:00 am to 4:30 pm Monday to Friday.

## Is this being done throughout the region in smaller centers?

Primary Health Care clinics are located in Preeceville, Canora, Langenburg, Foam Lake, Norquay and Yorkton. They are connected by Electronic Medical Records (EMR). This means that if a client is seen in Canora and then Preeceville, the providers will have access to a client's record in both clinics and provide better continuity of care. This ensures a smooth transition between services provided in the rural sites and our Regional Health Centre.

# What is the new Emergency Department schedule and is it going to be better for the doctors and the public?

Preeceville and District Health Centre will be on emergency bypass every other week, starting July 6, 2015. This means that there will be no emergency services available at the Preeceville and District Health Centre when on emergency bypass.

In order to retain physicians in Preeceville, we need to try a different approach to help improve their work-life balance. We are hoping that the new schedule will provide our current physician with an improved work-life balance and prevent burnout caused by providing 24/7, on-call services.



# What is an Electronic Medical Record (EMR)?

Electronic Medical Records (EMR) provide the instant availability of your clinical information to authorized care providers at the point of care.

The EMR structure supports the connectivity of your care team to each other as well as to physicians, nurse practitioners and other health care providers throughout the health region.

Preeceville is one of the first communities to have this access. The EMR will ensure that the physicians and nurse practitioner in Preeceville have more complete and timely access to information needed for the care of their patients.



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## Were there 24/7 emergency services in Preeceville, prior to July 6, 2015?

No, 24/7 emergency services have not been consistent in Preeceville for several years. There have been two or more days a week in which emergency services has been on bypass, even when there were two physicians in the community.

## Is there any way I could get updates about changes through emails or social media?

All service interruptions are on our website under the **Alerts and Notices** tab at <a href="https://www.sunrisehealthregion.sk.ca">www.sunrisehealthregion.sk.ca</a>. You can follow us on Twitter, **@SunriseRegion** to have up to the minute notifications from across the region.

## Where and how do I see my private health records now?

Your health record is now available on the Electronic Medical Record (EMR) system. If you were a client of Dr. Kabongos' his client files are available to the primary health care providers and you can call the clinic to get further information on obtaining your file.

## Can I see other Doctors in the Region, how can they get my file?

You are welcome to see providers in any of the communities around you. If your new provider needs to access you electronic medical file you will need to contact the previous clinic to transfer this file. There may be a cost for the photocopying.

#### What is the role of our Nurse Practitioner, when can I see them?

The Nurse Practitioner can provide a range of services to individuals of all ages, families, communities and groups with a focus on promoting health and preventing illness. A Nurse Practitioner is a nurse who has extra training and schooling that gives them the ability to diagnose common health problems, prescribe medications, order lab tests, ultrasounds, x-rays and refer people to specialists. This includes well baby checks, prenatal & postnatal care, and follow-up from hospital stays and Chronic Disease Management.

# What other health programs can my family use within my community?

Home Care, Public Health and Therapy Services are available in Preeceville. Visiting services continue to be provided from mental health services, dietitians, exercise therapist and chronic disease management team. As well, Long Term Care, Respite, and Day Wellness, and Telehealth services are offered at the Preeceville and District Health Centre.